



ALL DAY BREAKFAST

Eggs on Toast (gfo) 9.90
Poached, scrambled or fried with your choice of Turkish, sourdough, multigrain or thick cut white

Bacon and Eggs (gfo) 14.90
Poached, scrambled or fried with your choice of Turkish, sourdough, multigrain or thick cut white

Egg & Bacon Roll (gfo) 9.90
Urunga smoked bacon, free range runny egg, and slow cooked house relish on a damper roll
Add cheese, onion or hollandaise +1.00

Big BLT (gfo) 15.90
Double smoked Urunga bacon, double cheese, baby spinach, tomato, smoked chipotle mayo on toasted Turkish

Simply Avocado (vgo) (gfo) 14.90
Fanned avocado on a toasted English muffin, dukka, cracked pepper, extra virgin olive oil & lemon

Corn Fritters (gfo) 16.90
House made crispy fried fritters with Urunga bacon, avocado, slow cooked relish, sour cream, rocket and sweet potato crisps

Big Breakfast 18.90
Double smoked Urunga bacon, sausage, free range eggs, avocado, grilled tomato, hash brown, baby spinach, mushrooms, thick cut white

Eggs Benny 16.90
Urunga bacon, Urunga ham or hot smoked salmon with poached eggs, baby spinach and hollandaise served on a toasted English muffin

Pancakes

Kids - Maple syrup and ice cream 10.90

Berry - Berry compote and vanilla ice cream 16.90

Canadian - Urunga bacon, banana, maple syrup and ice cream 17.90

Toast (gfo) 6.00
Turkish, sourdough, thick cut white, multigrain or thick cut fruit toast with jam, marmalade, vegemite or peanut butter

Banana Bread (gfo) 6.00

Scones with Jam and Cream 6.90

Croissants 7.90
Ham and cheese
Chicken, avocado and cheese
Tomato, avocado, baby spinach and cheese

Smoked Salmon Bagel (gfo) 10.90
Hot smoked salmon, baby spinach, tomato, cream cheese, red onion on a toasted bagel

TOASTIES

Golden Toastie 9.90
Premium shaved leg ham, cheese, tomato, sea salt and cracked pepper on thick white

The Rueben 14.90
Loaded with pastrami, sauerkraut, pickles, extra sharp cheddar and house made spicy sauce on Turkish

Danger Mouse 12.90
Double premium shaved leg ham, extra sharp cheddar, dripping with slow cooked house made sweet onion jam on Turkish

Dorothy (v) 12.90
Grilled sweet potato, eggplant, zucchini, capsicum, pickled onions, fetta, pesto and baby spinach on Turkish

Spicy Fried Chicken 14.90
House spice battered chicken breast, Urunga bacon, chipotle aioli, tasty cheese and baby spinach on Turkish

Chicken Breast 12.90
Sliced chicken breast, baby spinach, tomato, red onion, tasty cheese and aioli on Turkish

Please advise us of any food allergies when ordering

(v) = Vegetarian (vg) = Vegan (vgo) = Vegan Option
(gf) = Gluten Free (gfo) = Gluten Free Option

HOT DRINKS

	CUP	MUG
Short Black, Macchiato, Piccolo	3.50	
Long Black	3.50	4.20
Cappuccino, Flat White, Latte	4.00	5.00
Dark Chocolate Mocha	4.70	5.20
White Chocolate Mocha	4.70	5.20
Dark Hot Chocolate	4.00	5.00
White Hot Chocolate	4.00	5.00
Bondi Chai Latte	4.50	5.00
Red Sparrow Teas (Coffs Harbour) 350ml pot	4.90	
<i>French Earl Grey, Peppermint, Sencha Green, Caramel Black, Vanilla Chai, English Breakfast, Earl Grey</i>		

HOT DRINK EXTRAS

Espresso Shot	0.70
Bonsoy, Lactose-Free, Almond, Coconut Milk	0.50
Decaf, Hazelnut/Caramel/Vanilla Syrups	0.50

FRESH JUICES

	7.50
Pineapple Colada - apple, pineapple, lime	
Ginga Ninja – beetroot, orange, ginger	
Build your own juice – choose from orange, apple, pineapple, beetroot, carrot, lime, lemon and ginger	

MILKSHAKES

	6.00
Chocolate, Caramel, Strawberry, Banana, Vanilla	
Extra Thick	+2.00

ICED DRINKS

	7.00
Chai Latte, Chocolate, Coffee served with Ice Cream & Whipped Cream	

FROM THE FRIDGE

Sparkling Water	5.00
Still Water	3.50
Coke, Coke No Sugar, Sprite, Fanta (Can)	4.00
Bottled Juice (Orange, Apple, Pineapple)	4.50
Lemon, Lime and Bitters	5.00
Kombucha	5.00

AÇAÍ BOWLS

All of our Açaí bowls are vegan and can be made gluten free on request

All Açaí bowls served with house made granola, seasonal fruit, coconut yoghurt, activated caramelised and chocolate buckinis, organic coconut flakes

Original 14.90

Açaí, banana, raspberry and apple blend with chia

Salted Caramel 17.90

Açaí, banana, raspberries, RAW caramel protein and almond milk blend with cocoa nibs

Peanut Butter Bliss 16.90

Açaí, banana, pure peanut butter, RAW caramel protein and almond milk blend with LSA, and pure peanut butter

Pitaya Island 14.90

Pitaya, banana, pineapple, mango, and apple blend with chia

SMOOTHIES 8.00

The Skinny Brazilian – organic Açaí, raspberry, caramel protein, coconut water, coconut milk

Banana Coast – banana, ice cream, malt, honey, cinnamon, caramel protein, yoghurt, milk

Mango Kiss – real mango, mango ice cream, honey, milk, blackcurrant

Dalmatian – ice cream, banana, double shot espresso, milk, Oreo cookies

See our specials boards and display case for today's selection of fresh sandwiches and other delights